**PERSONAL SWOT ANALYSIS**

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| --- | --- |
| **My strengths** (What am I good at? What do I do well?) | **My weaknesses** (How can I improve? What do I need to work on?) |
| **Opportunities** (Who/What can help meet to achieve my targets/goals?) | **Threats** (What obstacles do I face? Who/What may get in my way?) |